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# Breath Meditation & Tea

## Sunday, May 17th

### 10:00 am - 12:00 pm

A restorative 2 hour breath meditation lead by pilates instructor, Evelyn Kuo. Tea & light snacks by Chassom to follow. Space Limited. \$30.00 per person.

Chassom Tea Salon & Essence in Motion

Register inside store / Call 626.844.9390 / email: [chassom@gmail.com](mailto:chassom@gmail.com)



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photo by: DYS